



# Diamond Approach Spiritual Inquiry Sessions

In-Person Sessions  
Available  
October 28-30  
in Tokyo

The Diamond Approach is a modern path of transformational spiritual development. A key element of the path is the work of exploring one's own life through private sessions with a teacher.

In private sessions, I will guide you in spiritual inquiry as well as breath work. In this process of exploring the issues and experiences of your life, there is the gradual opening of deeper experience and understanding.

I will be in Tokyo in October  
offering a limited number of introductory sessions.

For more information, see  
[www.DiamondApproachTeacher.com](http://www.DiamondApproachTeacher.com)