

Amherst Diamond Approach® “ADA”

Personal Will: Essential Support

January 18-19, 2020

Amherst College, Converse Hall, Porter Lounge
100 Boltwood Ave., Amherst, MA 01002

10:00 AM – 7:30 PM Saturday

9:30 AM – 4:30 PM Sunday

teacher: Leah Chyten



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We all need support for our lives to function in an optimal way. Essential support is an effortless confidence, a certainty that the inner support we need to persevere, to honor commitments, and to be fully awake to reality, arises when needed.

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2020 Dates

Jan 18-19 2020

April 4-5 2020

June 13-14 2020

Sept 12-13 2020

Nov 7-8 2020

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The Diamond Approach® is a journey toward uncovering the essence of who we really are beneath all the layers of social conditioning and cultural expectations. Its aim is to discover the deepest truth of what it means to be human.

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For more information email: parvati285@gmail.com or visit www.diamondapproach.org

To register, make check payable to: Leah Chyten and mail to Parvati Grais

45 Round Hills Road, Amherst, MA 01002

\$250 / \$230 If postmarked by December 28, 2019

Name: _____

City: _____ State: _____

Phone: _____ Email: _____

REGISTRATION