

Amherst Diamond Approach® “ADA”

Why Practice?

The Alchemy of The Diamond Approach

July 14-15, 2018

Hampshire College, Franklin Patterson Hall Faculty Lounge
893 West St. Amherst, MA 01002

10:15 AM – 5:30 PM Saturday

9:30 AM – 4:30 PM Sunday

teachers: Elizabeth Slayton, Nancy Joly, Parvati Grais



Practices are fundamental to the alchemy of the Diamond Approach. Without them our inner work can remain disembodied, abstract and without ground. With a consistent practice we develop an inner ground, steadfastness, and open awareness to the true nature of who and what we are. In this weekend we will explore meditation, sensing looking listening, and inquiry and how these practices influence our daily lives.

| 2018 Dates | |
|-------------|------------|
| Jan 27-28 | Sept 15-16 |
| April 28-29 | Nov 3-4 |
| July 14-15 | |

The Diamond Approach® is a journey toward uncovering the essence of who we really are beneath all the layers of social conditioning and cultural expectations. Its aim is to discover the deepest truth of what it means to be human.

For more information email: parvati285@gmail.com or visit www.diamondapproach.org

To register, make check payable to: Parvati Grais,

45 Round Hills Road, Amherst, MA 01002

\$200/\$180 postmarked by June 23, 2018



Name: _____

City: _____ State: _____

Phone: _____ Email: _____

REGISTRATION