



THE DIAMOND APPROACH[®]

STILLNESS, PEACE and POWER PLANO, TX

For most of us, there doesn't seem to be a connection between stillness, peace and power. As we explore these three aspects of our True Nature more deeply, we can see that they're actually one and the same. Stillness arises as we see and dismantle that which is false within us. When there is stillness of the heart and mind, there is peace. What then arises is an inner harmony and an immense power. The power of our True Nature is like a wave of a still kind of consciousness and aliveness.

Please join us for an afternoon of exploration of this topic. This is an opportunity to get a taste of one of the fundamental teachings of the Diamond Approach. There will also be the chance to personally engage with the teaching through individual inquiry.

The Diamond Approach to self-realization is a contemporary spiritual path integrating the teaching practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature "in the world."

SUNDAY, APRIL 14 2019
2:00 p.m.-5:00 p.m.
PLANO, TX

TEACHER: Chuck Anderson is a certified teacher of the Diamond Approach. He lives in McKinney, TX, and teaches with the Gulf Coast Diamond Approach.

LOCATION: 8405 Dawson Drive
Plano, TX 75025

COST: No Fee

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