



# SOUL WITHOUT SHAME

## BOOKSTUDY GROUP

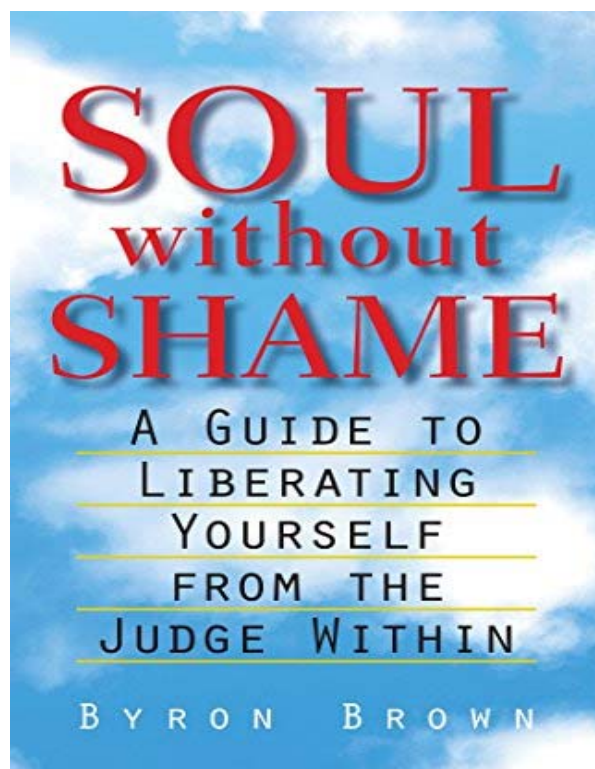
Are you judging and criticizing yourself, putting yourself down, attacking yourself over and over for a mistake you made or for a situation in your life? Are you blaming yourself, are you feeling you are never good enough or are you sometimes praising yourself and habitually assessing whether you live up to your standards? Are you.....?

### *Join us for an exploration*

of the Inner Critic, a tenacious layer of our personality which prevents expansion, inner peace and freedom. We will be embarking on our Soul's journey to free ourselves from this relentless voice and its oppressive force.

Together we will be studying this precious book and we will be using the awareness practices (inquiry and meditation) of the Diamond Approach in support of our journey.

The Diamond Approach is a path of wisdom, an approach to the investigation of Reality and work on oneself that leads to human maturity and liberation.



TUESDAYS 6:30 - 8:30 PM

NOV. 21, DEC. 5, 12 & 19

MONDAY, NOV 27 6:30 - 8:30 PM

#### LOCATION

Hospice Maui 400 Mahalani St, Kahului, Maui

#### COST

Suggested donation \$5 per evening for Hospice

#### REGISTRATION

Ursula McCall (808) 281-9524 or  
[ursulammccall@gmail.com](mailto:ursulammccall@gmail.com)

#### TEACHERS

Ursula McCall, Diamond Approach Teacher,  
Monty Carpenter, Diamond Approach Teacher  
in Training.