

Weekend Teaching

The Diamond Approach®

Strength and Aliveness on the Spiritual Path

June 22, 2018 6:30 to 9pm; June 23 8:30am to 7:30pm

The Michigan League, 911 N. University, Ann Arbor, Henderson Room

THE DIAMOND APPROACH, DEVELOPED BY A. H. ALMAAS,
USES THE FINDINGS OF MODERN PSYCHOLOGY AND THE
ANCIENT WISDOM TRADITIONS TO SUPPORT A RETURN TO
ESSENCE, OR OUR TRUE NATURE.

Essential strength is the passion of life. Being in contact with it means being passionately involved. It has an aliveness which connects you to your interest and love, which carries you along, in your life and your spiritual path. Ultimately it brings the sacred impulse of “I can” which is an immense force. It gives us the **courage to try and expand our horizons**. This weekend exploration is open to new students interested in the Diamond Approach. It is a wonderful opportunity to learn about the Diamond Approach who’s aim is **to discover the deepest truth** of what it means to be human.

This weekend will be co-taught by David Hett and Lou Weir. David is a minister of religious life and learning at a large progressive church in Columbus, Ohio and Lou is a teacher of meditation at Insight Meditation Ann Arbor. Both are certified Diamond Approach teachers.

“I myself can recommend the Diamond Approach as probably the most balanced of the widely available spiritual psychologies/therapies.”

~Ken Wilber

“Almaas is one of the most significant voices for a new and remarkably integrated spiritual vision. His work combines the personal, the universal, the psychological and the spiritual... I respect his work to the highest degree...”

~Jack Kornfield

What to Expect: we will have meditations, talks, and a chance to practice inquiry, one of the foundations of our practice. David Hett and Lou Weir are certified Diamond Approach teachers. Cost \$125

To register or ask any questions, e-mail Lou Weir at diamondworkmichigan@gmail.com.