



DIAMOND APPROACH® OTTAWA MONTREAL

THE MAGIC & MYSTERY OF BEING

AN ONLINE DIAMOND APPROACH MINI-RETREAT

“...The question ‘Who am I?’ has been a significant part of our evolutionary story. All the questions that arise at the beginning of the spiritual journey become more scintillating as we get a taste of what lies beyond and a taste of our spiritual being and its vastness, its magnificence, its beauty, its lightness, its unfettered nature. Each taste tends to inspire love and appreciation, to make more love available in every way; and the love grows and expands both inwardly and outwardly. The more we know about our nature, our spiritual nature, the more we love it, the more it draws us, pulls us. The more we feel the expansion of how we view our life, the more we feel, know, and are drawn by and to a more fundamental sense of reality. As our questions are answered, more questions come to replace them. The unknown grows as we come to know it.”

The Power of Divine Eros, A.H. Almaas

You are invited to an exploration of the Mystery, Magic and Direct Knowing inherent in all human beings. This mini-retreat will include evocative teachings, meditation and body-based practices, experiential exercises, and self-inquiry.

TEACHERS: Lisa Barrett & Milia Ahu

DATES: Feb. 5th thru 7th, 2021

TIME: Friday, Feb. 5th 2:00pm to 5:00pm EST
Saturday, Feb. 6th 9:30am to 5:00pm EST
Sunday, Feb. 7th 9:30am to 5:00pm EST

COST: \$350.00 CAD or \$290.00 USD
(Tax included)

INFORMATION / REGISTRATION:
Lisa Barrett, 2simplybeing@gmail.com

2021 ONLINE DAOM GROUP RETREATS

• April 14th thru 18th • June 23rd thru 27th • September 22nd thru 26th

The Diamond Approach ~ www.diamondapproach.org

A path that engages and leads to the discovery, development & preservation of the Human Essence.

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