

## Living a Spiritual Life While Engaged in the World

## A Free Event Introducing the Diamond Approach

In many ancient traditions, having a spiritual life meant leaving day-to-day life and becoming a monk or hermit. The Diamond Approach is a modern spiritual path of having a rich and full life of family, friends, and work in the world, while also developing the spiritual potential of our consciousness and knowing the depth of our true nature.

This experiential evening is for anyone curious about spirituality and consciousness. The talk will be in English. Both native English speakers and Japanese who speak moderate English are invited.

> Saturday October 19 10月19日(土) 18:30-21:30

Tokyo - Shimokitazawa / 東京 下北沢

Details and registration at www.DiamondApproachTeacher.com

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