



BEING IN THE FLOW

We have unimaginable capacities that can naturally flow through us, even though many of us aren't aware of their presence. These capacities can greatly enhance our sense of well-being, effectiveness in the world and experience of fulfillment. We invite you to explore these possibilities with us in an afternoon of inquiry and discovery.

The Diamond Approach® to self-realization is a contemporary spiritual path integrating the teachings and practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature “in the world”.

Sunday, December 15th, 2019

2:00 p.m.-4:00 p.m.

Online Webinar

Register in advance for this meeting:

<https://zoom.us/meeting/register/d1d9d0e7c5f3574534538d7d4481ef37>

After registering, you will receive a confirmation email containing information about joining the meeting.

COST: Free

MORE INFORMATION: www.diamondapproach.org, <https://diamondgulfcoast.com>, or contact Annette Anderson @ andersonannettes@aol.com or 214-274-7060

TEACHER: Chuck Anderson is a teacher in the Ridhwan School, home of the Diamond Approach. He has been participating in the Diamond Approach since 2004 and currently lives and practices in McKinney, TX.

Copyright © 2008-2019 Ridhwan Foundation.