



® The Diamond Approach® Inquiry: Doorway to Freedom

January 14, 2018 – 10:00 a.m. - 5:00 p.m. – Holiday Inn Ex, SE Med Ctr, Jacksonville, Florida

"The way of inquiry is the way of true freedom." - A.H. Almaas, Spacecruiser Inquiry

As humans, we inherently long to be free – to actualize our true human potential. Inquiry, the central practice of the Diamond Approach, offers a powerful, dynamic doorway to a freer life. If you want to deepen your process of self-exploration, this class is for you. In this workshop, we will use open-ended inquiry to challenge the barriers that obscure who you really are. We will learn and explore the basic practices of the Diamond Approach, including inquiry, meditation, and personal exploration, which will deepen and enliven your work.

The class includes a talk and an opportunity to work individually with the teacher, while in the supportive presence of the other group members. The group format is useful to compliment and deepen your personal work.



Ilene Buchalter has been a **Diamond Approach** teacher since 2002. She has been a member of the **Ridhwan School**, home of the **Diamond Approach**, for over 35 years. She works with individuals and groups in Colorado and Florida.

The **Diamond Approach**® to self-realization is a contemporary spiritual path integrating the teachings and practices of the ancient wisdom traditions with modern depth psychology. Developed by A. H Almaas, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature "in the world".

Open to existing students and newcomers. Fee: \$100 (\$85 if paid by 1/2/18) – Lunch on your own. Optional private session (separate fee)
Holiday Inn Express, Jacksonville SE Med Center Area, 4791 Windsor Commons Court, Jacksonville, Florida 32224 **Remote participation available**
To Register: contact Ilene at buchalteri@msn.com or 720-206-7189 and send your payment to Ilene Buchalter, 6750 E. Mexico Ave, Denver, CO 80224.

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