



IN PURSUIT OF HAPPINESS: THE TRUE SOURCE OF JOY

Many of us spend a lot of our life pursuing the things that we think will give us happiness, like the perfect relationship, the right job, or the car of our dreams. What if happiness is an intrinsic part of our true nature? What if a sense of joy, independent of our circumstances, is available through touching back into our essence? Join us for a discussion about how the Diamond Approach offers a path to reconnect with who we truly are and live our lives from that realization. There will be an opportunity for experiential exercises, personal inquiry and group discussion.

The Diamond Approach® to self-realization is a contemporary spiritual path integrating the teachings and practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature "in the world".

Tuesday, October 2nd, 2018

7:00 p.m.–10:00 p.m.

2204 Lorraine Drive

Carrollton TX 75006

COST: Free

MORE INFORMATION: www.diamondapproach.org, <https://diamondgulfcoast.com>, or contact Terry Stevens @ evensterry@gmail.com (817) 589-8204

TEACHER: Chuck Anderson is a teacher in the Ridhwan School, home of the Diamond Approach. He has been participating in the Diamond Approach since 2004 and currently lives and practices in McKinney, TX.

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