

Amherst Diamond Approach® “ADA”

Holding Your Ground

JANUARY 27-28, 2018

Hampshire College, Franklin Patterson Hall Faculty Lounge

893 West St. Amherst, MA 01002

10:15 AM – 5:30 PM Saturday

9:30 AM – 4:30 PM Sunday

teacher: Leah Chyten



Living our realization means developing the capacity to stay present, steadfast, resilient, and open to our experience. Learning to meet life on its own terms, life becomes the path and not the obstacle to embodied realization.

2018 Dates

Jan 27-28	Sept 15-16
April 28-29	Nov 3-4
July 14-15	

The Diamond Approach® is a journey toward uncovering the essence of who we really are beneath all the layers of social conditioning and cultural expectations. Its aim is to discover the deepest truth of what it means to be human.

For more information email: parvati285@gmail.com or visit www.diamondapproachne.org

To register, make check payable to: Leah Chyten and mail to Parvati Grais,

45 Round Hills Road, Amherst, MA 01002

\$200/\$180 postmarked by January 6, 2018



Name: _____

City: _____ State: _____

Phone: _____ Email: _____

REGISTRATION