

Amherst Diamond Approach® “ADA”

Compassion

June 1-2, 2019

Hampshire College, Franklin Patterson Hall, Faculty Lounge
893 West Street, Amherst, MA 01002

10:00 AM – 7:30 PM Saturday

9:30 AM – 4:30 PM Sunday

teachers: Elizabeth Slayton, Nancy Joly, Parvati Grais



Life, by its very design, includes suffering. Essential compassion is the quality of our inner nature that allows us to be with the inevitable pain of life. Touched by its soothing balm and infinite kindness, compassion allows us to stay open in the face of suffering, so that it can become a portal to our deeper nature.

2019 Dates

June 1-2 2019

Sept 7-8 2019

Nov 2-3 2019

2020 Dates

Jan 18-19 2020

April 4-5 2020

June 6-7 2020

Sept 12-13 2020

Nov 7-8 2020

The Diamond Approach® is a journey toward uncovering the essence of who we really are beneath all the layers of social conditioning and cultural expectations. Its aim is to discover the deepest truth of what it means to be human.

For more information email: parvati285@gmail.com or visit www.diamondapproach.org

To register, make check payable and mail to: Parvati Grais

45 Round Hills Road, Amherst, MA 01002

\$230 (includes small group fees) \$210 If postmarked by May 11, 2019



Name: _____

City: _____ State: _____

Phone: _____ Email: _____

REGISTRATION