



® The Diamond Approach® Essential Perception: Portal to Liberation

April 7, 2018 – 10:00 a.m. - 5:00 p.m. – Holiday Inn Express- St. Petersburg, Florida

“The mirror of our awareness gradually becomes... more luminous as it reveals the preciousness of what we truly are.”
---A.H. Almaas, *The Unfolding Now*

We as humans are blessed with the capacity to perceive with our senses: sight, sound, taste, feel, and smell. From the perspective of the Diamond Approach®, our perceptual capacity is a doorway to knowing who we really are. When we drop into essential perception, the whole realm of our experience can open and deepen. The glint of the sun reflecting off the water becomes a magical mirror. The smell of the flowers transmutes into a bouquet of fragrant love. The rustling of trees is transformed into nature's symphony.

This class is part of the Diamond Approach group forming in Florida. This teaching has been very impactful for both experienced students and newcomers. We will engage and refine the practices unique to the Diamond Approach, including meditation, sensing practice, and inquiry. Weather permitting; we'll do a short, easy walk. You will also have the opportunity to work individually with the teacher in the supportive presence of the other group members.



Ilene Buchalter has been a Diamond Approach teacher since 2002. She has been a member of the Ridhwan School, home of the Diamond Approach, for over 35 years. She teaches groups and individuals in Florida and Colorado.

The **Diamond Approach®** to self-realization is a contemporary spiritual path integrating the teachings and practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature “in the world”.

Fee: \$100 (\$85 if paid by 3/24/18) – Lunch on your own.

Holiday Inn Express St Petersburg North, 2171 54th Ave N, St Petersburg, FL, 33714 **Remote participation available**

To Register: Ilene at buchalteri@msn.com or 720-206-7189 and send your check to Ilene Buchalter, 6750 E Mexico Ave, Denver, CO 80224

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