

Diamond Approach event in Oslo, Norway

October 18th, 19th 20th, 2019



Art of Inquiry: Essential Strength

In this weekend we'll explore the practice of inquiry in the Diamond Approach ®. The workshop is meant for people who want to learn to inquire as well as for students in the Ridhwan school who want to deepen their skills.

Inquiry is a way to connect to our direct experience and follow it as it moves through our conditioned patterns and the different dimensions of Being.

Every experience is a doorway into further exploration, leading us all the way into the depth of our Beingness.

In inquiry we learn to trust all of our experience, welcome it, give it space and understand it both from our mind, heart and belly. Inquiry asks us to listen deeply into our bodies.

In this weekend we focus on Essential Strength. This quality helps us separate from old patterns and expand beyond whom we know ourselves to be. It brings a felt sense of energy and initiative and enables us to connect with the fire of life. Inquiry then becomes an expression of the adventurous nature of Being.

We will also learn to recognize the influence of the inner critic and to take some distance from its suppressing force.

Teachers: Silvia Burkart and Odile van Eck, both teachers in the Ridhwan School.

Silvia Burkart Spillmann from Switzerland(1953):

The practice of inquiry has become a way of living for me. It has exceeded all my expectations about myself and my environment. Inquiry reliably shows me the way through life's challenges as well as life's joys.

Odile van Eck from The Netherlands(1957):

I feel a deep passion and gratitude for the practice of inquiry. The precision with which it has shown me the way through many of life's challenges is awesome. Through inquiry I've come to feel and trust the Guidance of Being.

Dates and times: Friday Oct. 18: 18.00 – 21.00 Saturday Oct. 19: 10.00-17.00 Sunday, Oct. 20: 10.00 – 16.00

Location: Oslo (non residential)

Price: 2950,- NOK

Register before July 14 by sending an email to Odile van Eck via odilevaneck@upcmail.nl

You'll get the details for making your payment. After making the payment your registration is complete.

For more information: Tel. 00 31 61756 9688

There is room for between 20 and 25 participants!

More information about the Ridhwan School via www.diamondapproach.org