



## Diamond Heart Europe

### A Diamond Approach® Weekend online April 3 - 5, 2020

#### THE ART OF INQUIRY – Essential Will

In this weekend we'll explore the practice of inquiry in the Diamond Approach® and focus on the quality of Essential Will.

Inquiry is a journey filled with mystery, beauty, surprises and significance. In inquiry we learn to trust all of our experience, welcome it, give it space and understand it both from our mind and from our heart. Inquiry asks us to listen deeply into our bodies.

The quality of Essential Will supports us to move through our daily life experiences of emotions, reactions, beliefs and positions into the openness and mystery of who and what we truly are. Essential Will helps us to stay steadfast and committed to our inner journey as it takes us into the heart of the unknown.

The workshop is meant for people who want to learn to inquire as well as for people who want to deepen their skills.

The weekend will be held in English and is led by Odile van Eck and Kornelia Schneider.

**Odile van Eck** from Holland:

*I feel a deep passion and gratitude for the practice of inquiry. The precision with which it has shown me the way through many of life's challenges is awesome. Through inquiry I've come to feel and trust the Guidance of Being.*

**Konnie Schneider** from Germany:

*For me inquiry is a unique possibility to connect with the love for truth and to open more and more to the endless freedom of being human.*

**Dates and times:** April 3 (19 h - 21 h), April 4 (10 h - 17 h), April 5 (10 h - 16 pm)

**Price:** Euro's: €200, -

**Register before March 28th** 2020 by sending an email to [odilevaneck@upcmail.nl](mailto:odilevaneck@upcmail.nl)

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