

SOUL WITHOUT SHAME

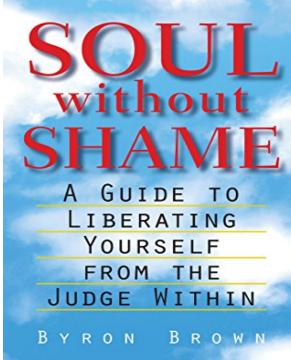
Are you judging and criticizing yourself, putting yourself down, attacking yourself over and over for a mistake you made or for a situation in your life? Are you blaming yourself, are you feeling you are never good enough or are you sometimes praising yourself and habitually assessing whether you live up to your standards? Are you.....?

Join us for an ongoing exploration

of the Inner Critic, a tenacious layer of our personality which prevents expansion, inner peace and freedom. We will be embarking on our Soul's journey to free ourselves from this relentless voice and its oppressive force.

Together we will be studying this precious book and we will be using the awareness practices (inquiry and meditation) of the Diamond Approach in support of our journey.

The Diamond Approach is a path of wisdom, an approach to the investigation of Reality and work on oneself that leads to human maturity and liberation.



TUESDAYS 6:30 - 8:30 PM MARCH 20 & 27 & APRIL 3

LOCATION Hospice Maui 400 Mahalani St, Kahului, Maui

COST Suggested donation \$5 per evening for Hospice

REGISTRATION Ursula McCall (808) 281-9524 or ursulammccall@gmail.com

Monty Carpenter (808) 283-6667 or monty@hawaii.rr.com

TEACHERS

Ursula McCall, Diamond Approach Teacher Monty Carpenter, D. A. Teacher In Training

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