



RISING UP with INQUIRY

“Navigating into the Mystery of Existence”

**“Open ended inquiry with Courage, Confidence and Truth”
with Diamond Approach® Toronto teacher Thomas Weinberg.**

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Join us in Toronto or attend remotely via web conferencing

All are welcome to attend in person or online - no Diamond Approach experience is required. If you can't make it but are interested, you can still join in! A recording of the event will be made available to all participants after the event is completed.

ONLINE EXPERIENCE

There will be an interactive portion of this event for the online audience which will include inquiry, where you will be grouped with other participants to discuss and explore the subject material. Additionally, after the inquiry, you will be able to submit questions to Thomas during the Q&A period.

October 27 6:30 pm - 9:30 pm

October 28 10 am - 5 pm

October 29 10 am - 5 pm

Toronto Location: Balmoral 1
(St. Clair and Yonge)

Price \$425 Canadian \$395 US (\$350 C and \$325 US for any student currently enrolled in a Diamond Approach group)

For more details or to register, please contact Jovy at 647-342-4799, jovy.paule@gmail.com

| www.ahalmaas.com | www.ridhwan.org |

“And you? When will you begin that long journey into yourself?” *Rumi*

I feel that deep within all of us we have this desire to turn inward and embark on that long journey that takes us Homeward. Yet it seems that much of what keeps us from that inward journey Home, is that we spend much of our lives being merely spectators to our journey, watching as each moment in life seems to pass us by.

The analogy that I would give you is that it is like remaining within the same childhood house with the same memories containing the same thoughts that day after day colors our familiar views of Reality. And this symbolic house, that in many ways has become our prison is located on a shore near the water.

And each day we gaze through the same window of this familiar house and see this same boat that sits on that shore tied to a tree, and every day we have the same exact thought “I wonder what it would be like to get in that boat and sail into those unknown waters.”

But to move beyond what we have known and confront the fears that might arise by leaving our familiar history behind and sail into those unknown waters, we need a type of confidence and support we have not previously known.

In this particular retreat we will begin this journey by unearthing three very important internal essential qualities of Courage, Confidence and Truth.

And in deepening your relationship with these essential qualities it matters not whether you are new to this Work or you have been in this Work for years, the process for all of us is the same. And the process is we practice. And here we will practice together by utilizing open ended inquiry to explore whatever our experience is in the Moment.

Open ended inquiry is like crawling inside our experience so that we can know our experiences intimately from the inside out. As Hameed says open ended inquiry can be very much like ‘crawling inside God’s Bosom’.