

Opening the Portal to our True Nature



We are used to living in familiar patterns of the mind which causes us suffering. Through our practices, these sleep structures can be penetrated, revealing their true gifts: peace, perception, guidance, & mystery., all qualities of Being. In this workshop we will explore the mind as a portal to our True Nature.



with Diamond Approach[®]
teachers Geoff Caird & Catherine Melvin

Where: An Sanctoir, Ballydehob, P81XF34

When: April 3rd & 4th, 10-5 .

Cost: 250e (early bird 195e by March 6th)

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