



THE DIAMOND APPROACH

The Red Essence

INTRODUCTION TO THE DIAMOND APPROACH

Join us in an exploration of one of the essential qualities at the core of our Being—our innate human vitality. As we free ourselves from the constrictions of past conditioning, we can begin to experience ourselves full of energy, expansion, and courage.

To support your process with this teaching a small group led by a Diamond Approach teacher will follow on Sunday. This format offers an opportunity to practice Inquiry, the primary practice of the Diamond Approach.

New Diamond Approach Group Forming:

We currently meet on a weekend (via Zoom) four times per year to present introductory teachings of the Diamond Approach.

Saturday All-Day Teaching
July 11, 2020, 10am-5pm CT

Sunday Small Group Inquiry
July 12, 2020, 10am-12:30pm CT

Location: ZOOM

COST: Sliding Scale due to Covid 19
\$0 – \$120

Registration: For more information and to register contact Susan Josephson at suejo@bellsouth.net
985-773-8882 or
crescentcityconsortium.com

TEACHERS

BEN CENTANNI has been a student of the Diamond Approach since 1999, and a teacher since 2016. He is also a public school teacher in Santa Cruz, CA. He is originally from New Orleans.

DALE SIDES has been teaching the Diamond Approach since 2004. He has taught and assisted groups in California, the Midwest, and Europe. He lives in San Francisco and is originally from Baton Rouge.

WHAT TO EXPECT: Saturday's all day workshop will include meditations, talks, and a chance to practice inquiry, one of the foundations of the Diamond Approach.

"The Diamond Approach is among the most integrated and visionary teachings of body, heart, and spirit that I know."

- Jack Kornfield

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