

# Amherst Diamond Approach® “ADA”

## Compassion & Empathy

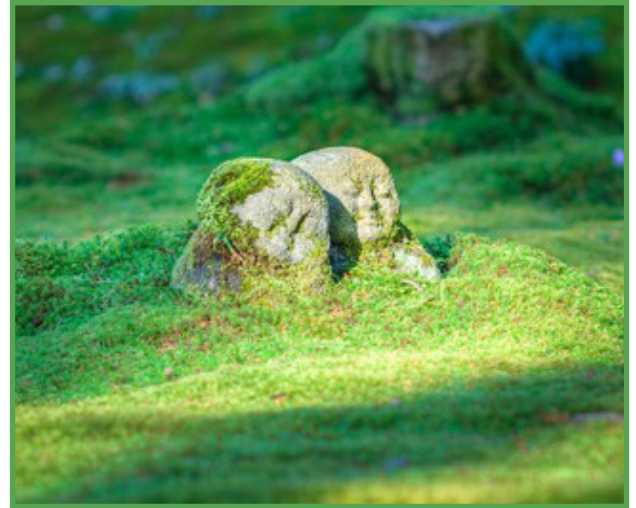
November 2-3, 2019

Hampshire College, Franklin Patterson Hall, Faculty Lounge  
893 West Street, Amherst, MA 01002

10:00 AM – 7:30 PM Saturday

9:30 AM – 4:30 PM Sunday

*teacher: Leah Chyten*



To be truly human is to feel for, and with our fellow creatures. Empathy, as an expression of compassion, gives us that capacity, and is fundamental to all relatedness. We will explore the nature of empathy, and how that informs the nature of compassionate action.

### 2020 Dates

Jan 18-19 2020

April 4-5 2020

June 13-14 2020

Sept 12-13 2020

Nov 7-8 2020

The Diamond Approach® is a journey toward uncovering the essence of who we really are beneath all the layers of social conditioning and cultural expectations. Its aim is to discover the deepest truth of what it means to be human.

*For more information email:* parvati285@gmail.com or visit [www.diamondapproach.org](http://www.diamondapproach.org)

*To register, make check payable to: Leah Chyten and mail to Parvati Grais*

45 Round Hills Road, Amherst, MA 01002

\$250 / \$230 If postmarked by October 12, 2019



Name: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

REGISTRATION