## VALUE A Diamond Approach<sup>®</sup> Perspective

## VALUE rescheduled for **OCTOBER 28-29, 2017**

Amherst, MA area: location to be announced 10:15 AM - 5:30 PM Saturday 9:30 AM - 4:30 PM Sunday teacher: Leah Chyten



Knowing what we value helps us live with meaning and integrity. Knowing our intrinsic value is recognition of our actual nature. Using the perspective and experiential methodology of the Diamond Approach, we will explore the nature of value and our inner resistances, in order to reveal our inherent preciousness and value.

Each day will consist of meditation, teachings and personal inquiry.

"Almaas is one of the most significant voices for a new and remarkably integrated spiritual vision. His work connects the person, the universal, the psychological, and the spiritual not as pieces to put together, but as the inseparable Mandala of the sacred that we are."

~ Jack Kornfield. founder of Insight Meditation Society and Spirit Rock, has worked individually with Almaas for over 25 years.

The Diamond Approach, founded by A.H. Almaas (Hameed Ali), is a contemporary spiritual path that responds to one's longing for freedom using a variety of skillful methods, both ancient and modern. It blends authentic spiritual insight with contemporary psychological understanding.

> For more information email: parvati285@gmail.com or visit www.diamondapproachne.org To register, make check payable to: Leah Chyten and mail to Parvati Grais, 45 Round Hills Road, Amherst, MA 01002 \$200/\$180 postmarked by October 12, 2017

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