



# The Sacred Work of Grief

with Francis Weller

assisted by Nancee Sobonya

*July 1, 2017, Berkeley, CA*

*“Where there is sorrow, there is holy ground.*

*- Oscar Wilde*

This daylong explores the powerful and mysterious nature of grief. As we turn our attention to the grief we carry — for self, community, and world — we share our deep emotional selves, which brings us into the circle of restoration and into the arms of the sacred. Utilizing the potent tools of inquiry, writing practice, singing, and ritual, we deepen our trust in our emotional and body wisdom; and build a community of concerned hearts that bring forth our stories of love and loss into the visible world. This gathering will also include;

- awareness of cultural obstacles to grief such as ‘private pain,
- avenues to express our grief over world events
- a community grief ritual appropriate for modern times: one that is carefully structured and restorative, creating a sacred place where our grief will be honored and released

Participants are encouraged to bring photos and other objects symbolic of their losses for the grief ritual.

**Where:** 2075 Eunice St. Berkeley, CA **When:** July 1, Saturday 10 - 6 PM

**To register:** go to <http://www.brownpapertickets.com/event/2944790>

**Contact person:** Nancee Sobonya at [shininglight77@sbcglobal.net](mailto:shininglight77@sbcglobal.net) Please bring a light lunch.

**PARKING:** Please respect the needs of our neighbors and do not park on the street within three blocks of the Center.

**Suggested donation is \$40 - no one turned away for lack of funds.**



**Francis Weller** MFT, has been working with the emotional, creative and spiritual life of men and women for over twenty-five years. He is a community builder, author, teacher and psychotherapist in Northern California. He draws from an extensive background in depth psychology, mythology, alchemy, indigenous cultures and poetic traditions. His work embodies his love of soul, the arts, ritual and his devotion to bringing these into living and sustainable community. He is currently on staff at Commonweal Cancer Help Program, co-leading their week-long retreats with Michael Lerner. He is the founder/director of **WisdomBridge** and the author of *Entering the Healing Ground: Grief, Ritual and the Soul of the World*.

*Luminous II* painting by Marg Mount. [www.margemount.com](http://www.margemount.com)