

## THE MYSTERY OF SIMPLY BEING

## A New Diamond Approach Group Forming

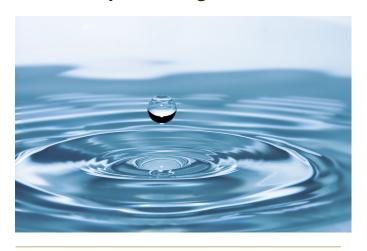
We often hear about learning to be more present. It sounds like a good idea, developing the ability to be awake to the moment. However, when we slow down, we often notice that inside us, something remains active, unsettled, agitated. We are busy trying to accomplish something, solve a problem, or change our present feeling into some idea of a "better" feeling.

We long to be present to our lives and experience, even if we don't know what this actually means or how to get there. But this longing tells us we have forgotten something we once knew. Presence is our nature, and ultimately, the nature of everything.

Something in us knows that presence is a doorway that can take us, not just to an intimacy with what is most real in us, but to the vastness and depth and mystery of Beingness itself. And this is a deep truth of Reality, that we can forget our nature but never be separated from it.

## **DIAMOND APPROACH TEACHERS:**

ALLAN WHITEMAN NOELL GOLDBERG GREG KNIGHT



**DATE:** SAT. & SUN. MAY 23-24, 2020

**LOCATION: TBA** 

**COST:** \$250

To register and for more information, contact:

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