



THE DIAMOND APPROACH®

Diamond Approach path?

The Diamond Approach is a dynamic, evolving teaching that leads to openness, freedom, and realization of the many dimensions of our human potential—especially the amazing secrets of our spiritual nature. There are no beliefs to accept or ideology to embrace—you simply need a sincere desire to know what is true about yourself. Watch this short video to learn more about this spiritual path.



New Online Diamond Approach Group

Karen Johnson, A.H. Almaas, Christof Bosch, and Zarina Maiwandi are holding a series of introductory teachings this fall for those who resonate with the Diamond Approach and are ready to commit to a deeper exploration of this spiritual path. Offering this type of series is the first step in formulating a new teaching group within the Ridhwan school. Learn more about the new online group and the series of introductory teachings below.



New online group forming

A personal invitation from Karen Johnson

Dear Kinfolk, This is a love letter
unlike any other I have ever written.

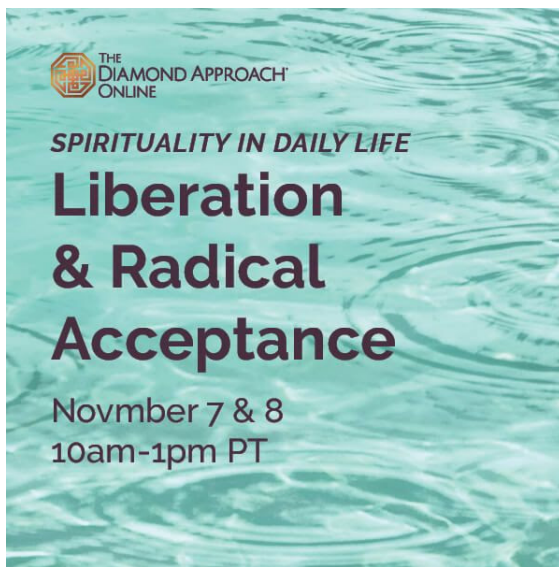
[Read Karen's full letter](#)



Karen Johnson & A.H. Almaas

In this teaching, we look into the
realm of love as a spiritual presence
and shine a light on the obstacles in
its way.

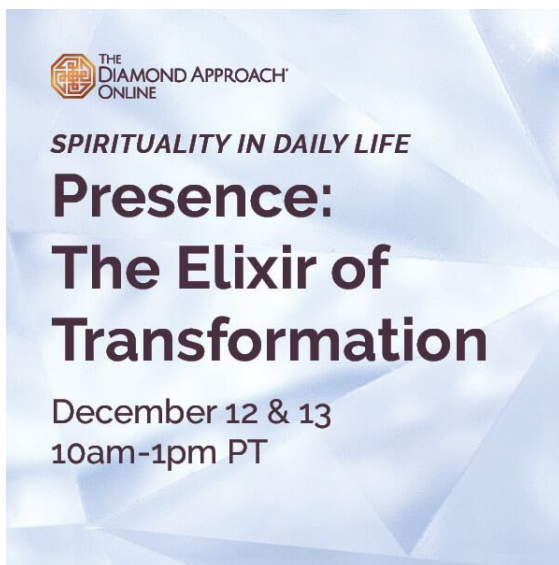
[Enroll here](#)



A.H. Almaas & Zarina Maiwandi

In this teaching, we will explore what it means to be right where we are, opening up our consciousness and building our capacity for radical acceptance in order to liberate ourselves.

[Enroll here](#)



Karen Johnson & Christof Bosch

In this teaching, we'll provide tools that allow you to open up to presence and experience the effects it can have in your life, as well as the impact it can have in the world.

[Enroll here](#)

Diamond Approach Blog

With the pandemic, the U. S. election, the rising tensions in Asia and the Pacific, climate change, BLM (the list goes on and on) – there is no end of opportunity for ego reactivity and distraction. Each week for the next four weeks, we are updating our blog with insights and wisdom from the Diamond Approach teaching. Curious? Start with [Where the rubber meets the road](#) or for a deeper dive check out [How to drain the psyche's swamp of negativity](#).

Regional Diamond Approach Events

There are Diamond Approach events happening all across the world. Due to the coronavirus pandemic, many of our events have moved online. We are still listing our events based on the geographic location of our teachers, so click on the graphics below to find events in your area.

Want to receive specific news about Diamond Approach events happening in your area? [Sign up for our Regional Newsletters.](#)



Upcoming Public Events in
**US South and
Mexico**

Upcoming Public Events in
**US West &
Western Canada**

Connect With Us:



You are receiving this email because you expressed an interest in the Diamond Approach. By adding us to your contacts, we will stay out of your SPAM folder.

Send your comments or questions to
outreach@ridhwan.org.