



THE DIAMOND APPROACH®

Acceptance will
not be the personality
accepting. Acceptance
will be Essence
coming; it will be
like a benediction,
a blessing, a gentle
rain.
-A.H. Almaas



Allowing What is There to be There. As A.H. Almaas writes in *Diamond Heart Book Two*, "The personality cannot accept. It can surrender to the truth of the moment -- which is the same as the stopping of rejection -- surrender and allow what is there to be there without preference and judgment."

For those in the U.S. who are looking for something to do besides watching election coverage, consider exploring your ideas about acceptance. Among the feelings of uncertainty, anxiety, and conflict, there are opportunities to better understand one's beliefs, attitudes, and ego structures related to resistance, rejection, openness and acceptance. What supports you in being with what is and what's unfolding?

Upcoming Online Events & New Group Forming

The Diamond Approach Online program is hosting two more introductory teachings for those new to the path and who are interested in getting a taste of the teaching. These teachings are meant for those who resonate with the Diamond Approach and want to learn more about this spiritual path. Introductory teachings are the first step in formulating a new teaching group within the Ridhwan school. Learn more about the new online group and the introductory teachings below.



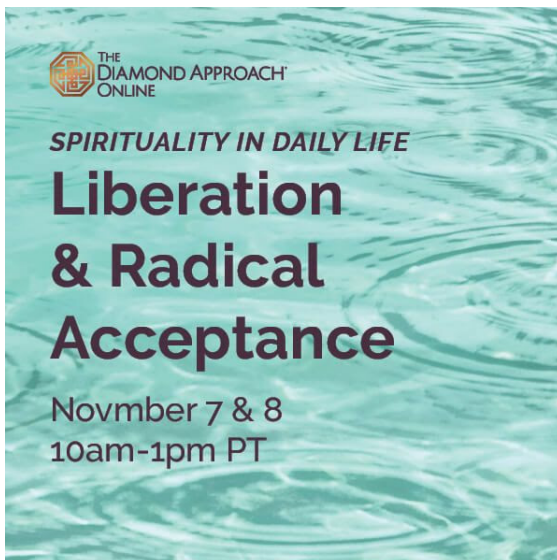
Karen Johnson
Diamond Approach co-founder

New online group forming

**A personal invitation from
Karen Johnson**

If you are interested in joining the new online group, click below for more information and to sign up for the interest list.

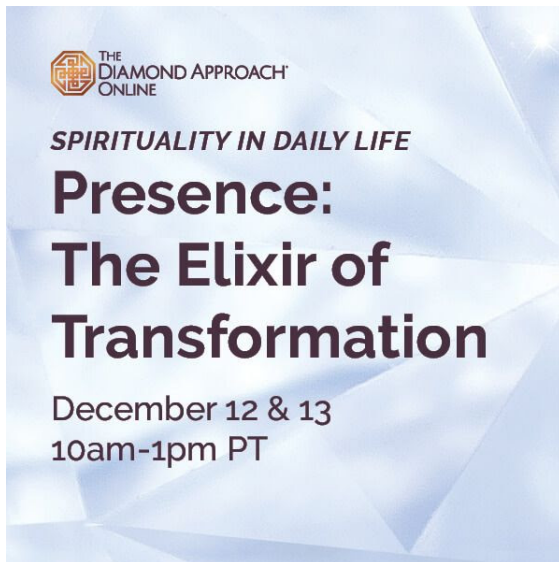
[Sign Up for the Interest List](#)



**A.H. Almaas & Zarina
Maiwandi**

In this teaching, we will explore what it means to be right where we are, opening up our consciousness and building our capacity for radical acceptance in order to liberate ourselves.

[Enroll here](#)



Karen Johnson & Christof Bosch

In this teaching, we'll provide tools that allow you to open up to presence and experience the effects it can have in your life, as well as the impact it can have in the world.

[Enroll here](#)

We're Hiring

The Ridhwan Foundation is currently looking for an Office Manager to ensure the smooth functioning of the Ridhwan Foundation's central office and to act as the coordination point for all office services and projects. To apply, please send a cover letter and resume to lisa@ridhwan.org by EOD November 10, 2020.

[Click here for more details.](#)

Regional Diamond Approach Events

There are Diamond Approach events happening all across the world. Due to the coronavirus pandemic, many of our events have moved online. We are still listing our events based on the geographic location of our teachers, so click on the graphics below to find events in your area.

Want to receive specific news about Diamond Approach events happening in your area? [Sign up for our Regional Newsletters.](#)

Upcoming Public Events in
ASIA

Upcoming Public Events in
**Australia and
New Zealand**

Upcoming Public Events in
**Europe
and the UK**

Upcoming Public Events in
South Africa

Upcoming Public Events in
US Midwest

Upcoming Public Events in
**US Northeast &
Eastern Canada**

Upcoming Public Events in
**US South and
Mexico**

Upcoming Public Events in
**US West &
Western Canada**

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Send your comments or questions to
outreach@ridhwan.org.