



# LIVING DAYLIGHT

An Online Diamond Approach Retreat

**RETREAT DATES:**

**February 2<sup>nd</sup> - 6<sup>th</sup>, 2022**

Wednesday:

2:00pm to 5:00pm EST

Thursday to Sunday:

9:30am to 5:00pm EST

(90 minute lunch break)

**COST:**

CAD \$425 + tax

**TEACHERS:**

Lisa Barrett & Milia Ahu

**CONTACT:**

Lisa Barrett at

[2simplybeing@gmail.com](mailto:2simplybeing@gmail.com)

**ADDITIONAL**

**2022 DATES:**

- April 20<sup>th</sup> - 24<sup>th</sup>
- June 17<sup>th</sup> - 19<sup>th</sup>
- Sept. 21<sup>st</sup> - 25<sup>th</sup>

“Living Daylight is a tender loving presence where the soul feels held by the universe, taken care of in loving and appropriate ways, provided for, supported, and loved. The alive conscious universe is experienced as being pervaded by love, that it is love, and that everything within it is an expression of love.” A. H. Almaas, Facets of Unity.

The Diamond Approach is a path of wisdom through direct experience. An ongoing Diamond Approach group is now forming. The group meets four times a year with monthly interim meetings. We are currently online until it is possible to meet in person. These experiential retreats include teaching of the Diamond Approach, inquiry, meditation, and body-based practices.

**The Diamond Approach ~ [www.diamondapproach.org](http://www.diamondapproach.org)**

A path that engages and leads to the discovery, development & preservation of the Human Essence.