

Colorado Diamond Heart® Program

The Lataif: Gateways to Essence







Activating and opening the subtle consciousness of the Lataif reveals our Essential Nature. It is possible to understand and experience this Essential Presence and open to its profound effects.

All of these aspects are recognizable and possible to realize through experientially understanding how each of them has been distorted through historical conditioning.

AUG 23-27: Join us as we explore the aspect of the White Latifa or Will Essence. The Will Essence is the inner support for the unfolding of our deepest nature. This 5 day non-residential retreat is a deepening of the Lataif teachings. We invite you to come explore and experience this profound and moving teaching.

Many in our school have discovered that re-immersion in early teachings of the lataif have been very important for them. These are some of the foundational teachings that remain central and important to students at all levels. Please feel free to join us to review and renew your understanding of the Will Lataif.

OCT 13-15: The Green Latifa, also known as subtle aspect of Compassion, where we learn how true compassion facilitates a greater depth of truth to be known and felt.

DEC 9 weekend: Practice Day: Join us in an experiential day of exploring the spiritual practices of the Diamond Approach, with a particular emphasis on the Lataif.

COST: **5-Day retreat: \$495.00** (includes two follow up small groups) **Average weekend cost: \$270.00** (includes two follow up small groups)

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LOCATION: 5869 Marshall Rd, Boulder CO

Diamond Heart 9 is an ongoing group that is currently open to individuals new to our work. Anyone interested in exploring more about how consciousness and awareness can impact your everyday life is welcome to join us.

The group meets on weekends 6 times a year, as well as a 5 day intensive, and includes a monthly small process group.