



# THE DIAMOND APPROACH®

## January 2020



## Forgiveness Heals the Heart

In this chaotic time we all bear the pain of regret, hurt, and betrayal. If we are to add to the healing rather than the pain, we must find the way to release the regrets and grudges of past hurts and betrayals. But how?

Free webinar with Karen Johnson on January 18



## When I First Experienced Presence

Diamond Approach student Neil shares his initial experience of the Diamond Approach path and why he joined the Ridhwan school.

Watch Video

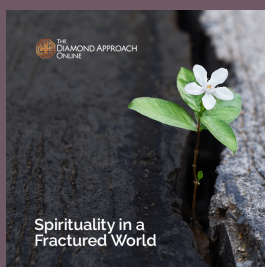


## Meet a Teacher Johanna Holloman

Johanna Hoffman and others, including Diamond Approach founder Hameed Ali, will be teaching about "Loving Light" [January 25-26](#).

Meet Johanna

## Diamond Approach Online



Starts Feb 3 | Online

### Spirituality in a Fractured World

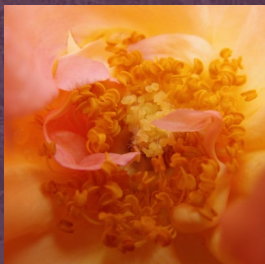
A global community experience with **A H Almaas** and **Karen Johnson**.



Jan 18, 2020 | Free Online Webinar

## **Forgiveness Heals the Heart**

A free webinar with Diamond Approach co-founder  
**Karen Johnson.**



Starts Jan 12, 2020 | Online

## **Inquiry Groups - Winter**

The practice of Inquiry taps into your own feelings and intuitions: take the opportunity to be heard and held.

## **Ways to Engage**

New look for 2020! Looking for an event near you? Click on the buttons below to find in-person or online events in a specific geographic area. Questions? Email [outreach@ridhwan.org](mailto:outreach@ridhwan.org)





Upcoming Public Events in  
**South Africa**

Upcoming Public Events in  
**Asia**



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