



THE DIAMOND APPROACH®

2021: The Year of Wisdom

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The Ridhwan Foundation, the organization that supports the Diamond Approach teaching, is calling 2021 "The Year of Wisdom." Our public events and teachings this year will focus on different types of knowing through both mental knowledge and one's personal experience. Last year, our public events focused on love, which is necessary and important as fuel for the journey because it brings us into our experience with care and interest.

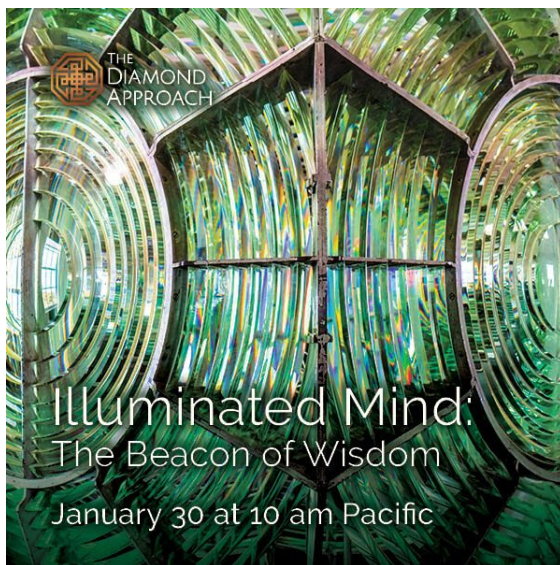
The heart is a baseline for our sense of what is human, but being human is not complete without mind. The mind has been seen by most spiritual teachings as an obstacle to one's spiritual development and awakening. Yet through understanding the mind, we can liberate and develop it into a high-functioning spiritual instrument that is a part of our human potential. We hope you can join us for one or more of our 2021 events and teachings.

[Read the Full Post](#)

What is Wisdom?

"Wisdom is how we live our realization. We are wise when our actions and attitudes express the understanding that comes from our spiritual maturation and realizations. Wisdom is true knowledge and understanding expressed in life, in our actions and interactions, in how we relate to others, events, and the world at large."

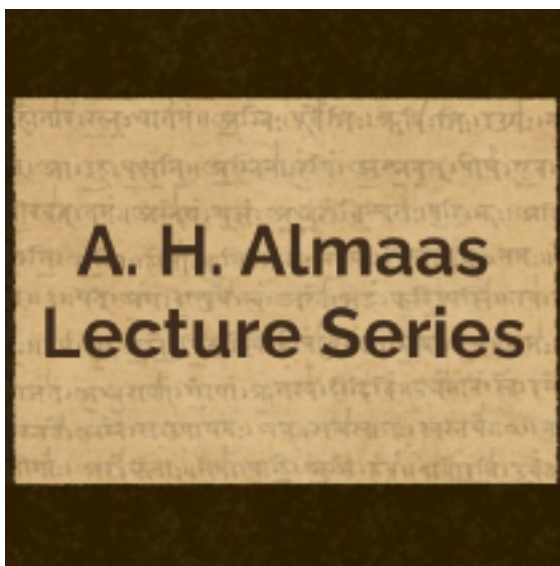
– A. H. Almaas – January 1, 2022



Free Event with Karen Johnson

On January 30, Karen opens up our theme for this year with a free talk about wisdom.

[LEARN MORE](#)



Intellectual Knowledge Versus Spiritual Experience

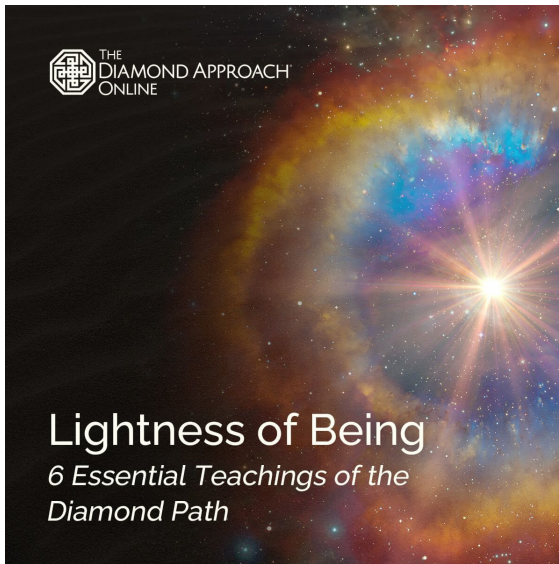
A review of teachers and teaching traditions

Explore six major spiritual teachers and traditions and how their contributions to spirituality may be understood.

[LEARN MORE](#)

Diamond Approach Online

New 2021 Teaching Series



A.H. Almaas, Karen Johnson, Christof Bosch & Zarina Maiwandi

For the very first time, the Ridhwan School will be offering a deeper level of the Diamond Approach teaching online. “Lightness of Being” is a six-part series that will explore the lataif, those subtle qualities of

experience the pure, unshakable truth of what we are.

[Enroll here](#)



Online Inquiry Groups

Deepen your inquiry practice with the support of a small group and ordained Diamond Approach teacher.

[Learn More](#)

Regional Diamond Approach Events

There are Diamond Approach events happening all across the world. Due to the coronavirus pandemic, many of our events have moved online. We are still listing our events based on the geographic location of our teachers, so click on the graphics below to find events in your area.

Want to receive specific news about Diamond Approach events happening in your area? [Sign up for our Regional Newsletters.](#)

