

## THE DIAMOND APPROACH®

## INQUIRY: DOORWAY TO FREEDOM JACKSONVILLE, FL

As humans, we all inherently want to be free and inquiry provides a unique portal to that freedom. Inquiry is the central practice of the Diamond Approach and is key to our understanding of this path. Inquiry is a unique process that allows us to explore any personal experience, and takes us to a deeper understanding of who we really are. In this class we will learn and explore the practices of the Diamond Approach.

As a Diamond Approach teacher since 2002, I work with individuals privately and groups. I have been a member of the Ridhwan School, the home of the Diamond Approach, for over 35 years. This class has been very impactful for those participating in this potent spiritual path. I am happy to offer this class for both newcomers and ongoing students. If you have participated before, there will be some new material as we explore additional aspects of inquiry.

The Diamond Approach to self-realization is a contemporary spiritual path integrating the teaching practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature "in the world."

## SATURDAY, AUGUST 26, 2017 10:00 a.m.-5:00 p.m. JACKSONVILLE, FL

**TEACHER:** Ilene Buchalter has been a Diamond Approach teacher since 2002. She has been a member of the Ridhwan School, home of the Diamond Approach, for over 35 years. Ilene works with individuals and groups in Colorado and Florida. **LOCATION:** Holiday Inn Express, SE Med Ctr Area, 4791 Windsor Commons Court, Jacksonville, FL 32224

**COST:** \$100 (\$85 if paid by 8/11/17) Optional private session (separate fee)

**REGISTRATION:** Ilene at 720-206-7189 or buchalteri@msn.com. Send your check to Ilene Buchalter, 6750 E Mexico Ave, Denver, CO 80224

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