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The Diamond Approach®

Inquiry: Doorway to Freedom

January 28, 2017 – 10:00 a.m. - 5:00 p.m. – Holiday Inn Airport, Jacksonville FL

"Inquiry is in some sense an invitation for our Being to transform our experience, to change our lives." - A.H. Almaas, Spacecruiser Inquiry

As humans, we inherently long to be free – to actualize our true human potential. Inquiry, the central practice of the Diamond Approach, offers a powerful, dynamic doorway to a freer life. If you want to deepen your process of self-exploration, this class is for you. In this workshop, we will use open-ended inquiry to challenge the barriers that obscure who you really are. We will learn and explore the basic practices of the Diamond Approach, including inquiry, meditation, and personal exploration, which will deepen and enliven your work.



The class includes a talk and an opportunity to work individually with the teacher, while in the supportive presence of the other group members. The group format is useful to compliment and deepen your personal work.

Ilene Buchalter is a teacher in the **Ridhwan School**, home of the **Diamond Approach**. She has been participating in the **Diamond Approach** for over 35 years and has been teaching since 2002. She lives and practices in **Denver/Boulder, Colorado**.

The **Diamond Approach**® to self-realization is a contemporary spiritual path integrating the teachings and practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature "in the world".

Open to the public. Fee: \$90 (\$75 if paid by 1/14/17) – Lunch on your own.

Optional private session, January 29 (separate fee).

Holiday Inn Express, Jacksonville Airport, 1200 Airport Road, Jacksonville Florida 32218

To register or for additional information contact Ilene at buchalteri@msn.com or 720-206-7189.

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