



® The Diamond Approach® Inquiry: Doorway to Freedom

February 18, 2017 – 10:00 a.m. - 5:00 p.m. – Ridhwan Center - Boulder , Colorado

"Inquiry is in some sense an invitation for our Being to transform our experience, to change our lives." - A.H. Almaas, Spacecruiser Inquiry

As humans, we inherently long to be free – to actualize our true human potential. Inquiry, the central practice of the Diamond Approach, offers a powerful, dynamic doorway to a freer life. If you want to deepen your process of self-exploration, this class is for you. In this workshop, we will use open-ended inquiry to challenge the barriers that obscure who you really are. We will learn and explore the basic practices of the Diamond Approach, including inquiry, meditation, and personal exploration, which will deepen and enliven your work.

The class includes a talk and an opportunity to work individually with the teacher, while in the supportive presence of the other group members. The group format is useful to compliment and deepen your personal work.



Ilene Buchalter has been a Diamond Approach teacher since 2002. She has been a member of the Ridhwan School, home of the Diamond Approach, for over 35 years. She works with individuals and groups in the Denver-Boulder area.

The **Diamond Approach®** to self-realization is a contemporary spiritual path integrating the teachings and practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature "in the world."

Open to existing students and newcomers. Fee: \$90 (\$75 if paid by 2/10/17)

Colorado Ridhwan Center, 5869 Marshall Road, Boulder, CO 80303

To Register or for additional information , contact Ilene at buchalteri@msn.com or 720-206-7189.

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