

THE DIAMOND APPROACH

Diamond Approach Florida

Inquiry: True Compassion in Thorny Times

In the wake of the coronavirus many of us need true Compassion. **Diamond Approach Florida**, a new open group, welcomes the public living in the Southeast to this online teaching weekend on October 24-25.

There will be talks evoking our depth, meditation and personal inquiry exploration.

When Inquiry, the central practice of the Diamond Approach, is infused with the Essential Aspect of True Compassion, our inquiry—and our lives—can feel enveloped in Loving-Kindness. Particularly when things may feel thorny in our lives, the sensitivity and attunement of the Green essential aspect is needed to allow our inquiry to address exactly where our heart is.

The Green aspect's warmth and Compassion are inseparable from the precise understanding that is the hallmark of inquiry. In this way, our openended inquiry can become an attuned entry way into our depth, allowing us to blossom.

TEACHERS: Ilene Buchalter, a Diamond Approach teacher since 2002, works in person and online with groups and individuals living in Florida, Colorado, the Southeast, across the U.S., and internationally.

Caroline Pietrangelo Owens, a Diamond Approach teacher since 2016, works in person and online with groups and individuals living in Florida, California, throughout the United States, and internationally.



INQUIRY: TRUE COMPASSION IN THORNY TIMES

OCTOBER 24 - 25, 2020 10AM-5PM EDT

COST: \$225 (\$195 if paid by 10/10/20) Sliding scale available

Held online via Zoom

REGISTRATION/INFORMATION:

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