



INNER JOURNEY HOME

An online Introduction to the Diamond Approach®

Many of us face during our lifetimes situations where we ask us whether to engage in a more spiritual life or on a spiritual path. This online introductory workshop gives an overview of the Diamond Approach®. Three units, each one Sunday and a Wednesday evening deal with different aspects of the journey.

Inner

This unit focusses on the soul and her longing to live a life that makes sense and has meaning. We touch questions of Presence, Essence, and Truth. Inquiry, the main tool in the Diamond Approach, is introduced.

Aug 23, 10am – 1pm and 3pm – 6pm CEST, teaching and exercise;

Aug 26, 7pm – 9pm CEST, deepening work with the group, sharing, questions.

Journey

A unit that highlights the developmental character of the soul's longing. Which role plays our Ego in the Diamond Approach? How is the Ego development seen and used for the journey of the soul to her ground? We explore how we lose and regain contact to Essence, and have a look at the theory of holes.

Sep 13, 10am – 1pm and 3pm – 6pm CEST, teaching and exercise;

Sep 16, 7pm – 9pm CEST, deepening work with the group, sharing, questions.

Home

Here the ground of our Being is central. We focus on return to True Nature, how the ground of Being is called in the Diamond Approach. Dependent on what occurs in the field of our group we look at different facets of Essence, like compassion, strength, space, love; or self-realization, Being... In this way the development of the group informs the aspects that are taught.

Nov 8, 10am – 1pm and 3pm – 6pm CET, teaching and exercise;

Nov 11, 7pm – 9pm CET, deepening work with the group, sharing, questions.

Teachers: *Christa Jonas and Oliver Schumann* are members of the teacher team of the new international Diamond Heart Europe 4 Group (DHE4) that will take place in Seefeld (Germany) from Feb 2021 on and meets for 2 weeks a year.

Fee: 130,- Euro per unit; 360,- Euro for the whole introduction

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Registration: <http://seele-entfalten.de/inner-journey-home/>