



Freedom from ‘Who and What We Take Ourselves to Be’

An Online Diamond Approach® Weekend Open to the Public

Our self-images are based on our personal history. They are impressions left on the soul from repeated experiences through time. They create images that we relate to and strongly identify with. We feel, perceive, and interact with people and the world through these ideas and self-images. And it is such a total experience that we don't see or feel it... we ARE it.

When we begin to see that these images are not entirely accurate, they start to relax, enabling us to perceive ourselves with greater openness and freedom. We become more spacious, empty of ideas and open to the ground of our True Nature and the many aspects of our Being.

Come explore one of these aspects of our True Nature: The Essential Aspect of Space and its impact on who and what we take ourselves to be.

DATES: July 12-13, 2025

TIMES: 10:00 am – 1:00 pm; 3:00 pm – 6:00 pm (All times listed in Central Daylight Savings Time)

FEE: \$225

LOCATION: Online Zoom retreat

CONTACT: For further information please contact [Annette Anderson](#). To register contact [Chuck Anderson](#).

Annette and Chuck Anderson, Diamond Approach teachers, will co-lead the retreat. Learn more about Annette [here](#) and Chuck [here](#).