



# THE DIAMOND APPROACH

## Essential Will

### INTRODUCTION TO THE DIAMOND APPROACH

Our basic spiritual orientation is love for the Truth. However, this orientation confronts us with the fact that inner exploration often brings up formidable difficulties. These can challenge our ability to stay open and engaged with our work. What is needed now is our Essential Will. "The true function of the Will is to help us become steadfast so that we are not swayed, and not distracted or seduced away from the inquiry. We keep on exploring regardless of what happens." ~AH Almaas

Join us all day Saturday to learn about our Essential Will and what tends to prevent our access to it.

To support your process with this teaching a small group led by a Diamond Approach teacher will follow on Sunday. This format offers an opportunity to practice Inquiry, the primary practice of the Diamond Approach.

Saturday All-Day Teaching  
April 10, 2021, 10am-5pm CT

Sunday Small Group Inquiry  
April 11, 2021, 10am-12:00pm CT

Location: ZOOM

COST: \$160 – If you need financial assistance, please contact Ben or Dale.

Registration: For more information and to register contact Susan Josephson at

[suejo@bellsouth.net](mailto:suejo@bellsouth.net)

985-773-8882 or

[crescentcityconsortium.com](http://crescentcityconsortium.com)

#### TEACHERS

**BEN CENTANNI** has been a student of the Diamond Approach since 1999, and a teacher since 2016. He is also a public school teacher in Santa Cruz, CA. He is originally from New Orleans. [bencentanni@gmail.com](mailto:bencentanni@gmail.com)

**DALE SIDES** has been teaching the Diamond Approach since 2004. He has taught and assisted groups in California, the Midwest, and Europe. He lives in San Francisco and is originally from Baton Rouge.

[dsides@earthlink.net](mailto:dsides@earthlink.net)

#### **New Diamond Approach Group Forming:**

We are open to anyone interested in the Diamond Approach. We meet on a weekend (via Zoom) four times per year to present introductory teachings.

**WHAT TO EXPECT:** This all day workshop will include meditations, talks, and a chance to practice inquiry, one of the foundations of the Diamond Approach.

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