



THE DIAMOND APPROACH[®]

ESSENTIAL PERCEPTION: PORTAL TO LIBERATION JACKSONVILLE, FL

"The mirror of our awareness gradually becomes...more luminous as it reveals the preciousness of what we truly are." --A.H. Almaas, The Unfolding Now

We as humans are blessed with the capacity to perceive with our senses: sight, sound, taste, feel, and smell. From the perspective of the Diamond Approach, our perceptual capacity is a doorway to knowing who we really are. When we drop into essential perception, the whole realm of our sensory experience can open and deepen. The glint of the sun reflecting off a stream becomes a magical mirror. The smell of the flowers transmutes into a bouquet of fragrant love. The rustling of trees is transformed into nature's symphony.

This class has been very impactful in Colorado for both experienced students and newcomers. It is being offered now for the first time in Florida. In this class we will explore the practices of the Diamond Approach, including meditation, sensing practice, and inquiry. Weather permitting, we'll do a short, easy walk.

The Diamond Approach to self-realization is a contemporary spiritual path integrating the teaching practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature "in the world."

SATURDAY, MAY 13, 2017
10:00 a.m.-5:00 p.m.
JACKSONVILLE, FL

TEACHER: Ilene Buchalter has been a Diamond Approach teacher since 2002. She has been a member of the Ridhwan School, home of the Diamond Approach, for over 35 years. Ilene works with individuals and groups in Colorado and Florida.

LOCATION: Courtyard by Marriot Butler Blvd.
4670 Lenoir Avenue South, Jacksonville, FL
32216

COST: \$90 (\$75 if paid by 4/28/17)
Optional private session (separate fee)

REGISTRATION: Ilene at 720-206-7189 or
buchalteri@msn.com. Send your check to Ilene
Buchalter, 6750 E Mexico Ave, Denver, CO 80224