



®

Engaging the Flow of the Universe: Effortless Steadfastness

October 27-29, 2017 – Fri 7-10 p.m. Sat & Sun 10:00 a.m. – 5:30 p.m.

What allows you to have effortless steadfastness to your commitments?

Steadfastness is needed to pursue a spiritual path, and has value in any endeavor. We typically think of steadfastness as a rigid stubbornness set on a particular outcome. What if steadfastness could be effortless, and responsive to what's unfolding? Join us as we explore how to develop this sort of steadfastness to your commitments; what gets in the way, as well as the experience of effortless steadfastness as you go about your daily life.

The weekend will include presentations, meditation practices and an opportunity to explore and integrate the material through your own process.



Annette & Chuck Anderson are teachers in the Ridhwan School, home of the Diamond Approach. They have been participating in the Diamond Approach since 2004 and currently live and practice in Dallas TX.

The **Diamond Approach**® to self-realization is a contemporary spiritual path integrating the teachings and practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature “in the world”.

Open to the public. \$230 (\$225 if paying by cash or check) (Register before 9/25/17 - \$205 - \$200 cash/check)

To register: Annette Anderson andersonannettes@aol.com or 214-660-4278 Additional information - visit www.ridhwan.org, <http://diamondgulfcoast.com/>

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Registration before 9/25/17 - \$205 (\$200 Cash/check)

Retreat Location:

8367 Santa Clara Drive

Dallas, TX 75218

To register with check or cash: Contact Annette Anderson @
andersonannettes@aol.com or 214-660-4278.

To register with a credit card: <http://diamondgulfcoast.com/engaging-the-flow-of-the-universe/>