



THE DIAMOND APPROACH®

Explore how you are being impacted by what is
happening in the world around us

December 2019



Free 3-Part Video Teaching Series

Diamond Approach founders **A.H. Almaas** and **Karen Johnson** explore how to reconcile with the world's situation, free ourselves from the influences of disconnection, and move into harmony.

[Get Access Now](#)



Meet a Teacher
Nancee Sobonya

Join Nancee December 14 in Berkeley, California for a daylong event to "[Journey into Inner Space](#)".

Meet a Teacher

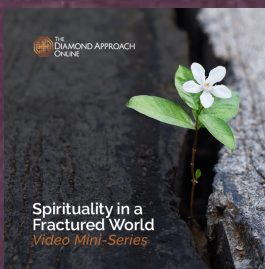


What the Diamond Approach
 Means to Me
Julia Lowe

This path infuses the ordinary human life with mysticism.

Watch the Video

Diamond Approach Online



Available now | Free video series
Spirituality in a Fractured World

Free 3-part video series with **A H Almaas** and **Karen Johnson**. The 10-month online global experience starts February 3, 2020.



Jan 18, 2020 | Free Online Webinar
Forgiveness Heals the Heart

In the chaos of today's world, we must find a way to release the regrets and grudges of past hurts and betrayals. But how? Join Diamond Approach co-founder **Karen Johnson** to learn more.



Jan 12, 2020 | Online

Inquiry Groups - Winter

Inquiry groups provide a supportive community to integrate spiritual understanding at the deepest level.

Ways to Engage

Dec 03 | Berlin, Germany | Teacher: Gisela Bast

"Essentielles Sein - die Bedeutung des Lebens" Buchgruppe

Dec 07-08 | Auburndale, MA | Teacher: Duncan Scribner

Diamond Approach Boston 4 Weekend

Dec 08 | Berlin, Germany | Teachers: Gisela Bast and Sarala Jungclaussen

Selbstvertrauen, Hingabe und Entschlossenheit - ein Praxistag

Dec 11 | Online | Teachers: Gregory Knight and Gina Crago

FREE Webinar - Freedom to Discover: Support to Be

Dec 14 | Berkeley, CA | Teachers: Nancee Sobonya and Blanchefleur Macher

Journey Into Inner Space

Dec 14 | Online | Teacher: Gregory Knight

Sacred Impulses: Experiencing Presence through Movement & Inquiry

Dec 16 | Berlin, Germany | Teacher: Sarala Jungclaussen

"Essentielle Befreiung-Der diamantene Weg des Herzens" NEUE Buchgruppe in Berlin

Jan 03 | London, United Kingdom | Teachers: Tejo Jourdan and Rob Merx

Growing Up... or Just Growing Old?: A Diamond Approach Seminar

Jan 03 | Ann Arbor, MI | Teacher: Lou Weir

Will and Steadfastness on the Spiritual Path

Jan 04 | Watertown, MA | **Teachers:** Elizabeth Slayton and Gregory Knight

Yellow Essence - The Joy Within Our Consciousness

Jan 05 | **Online** | **Teachers:** Ilene Buchalter and Noell Goldberg

FREE Webinar: The Art of Compassionate Inquiry

Jan 11 | Koln, Germany | **Teachers:** Christa Jonas and Tanja Weigmann

Diamond Approach Praxistage 2020

Jan 11-12 | New York City, NY | **Teachers:** Noell Goldberg and Allan Whiteman

Discovering the Potential of Our Humanness

Jan 14 | Berlin, Germany | **Teacher:** Gisela Bast

Essentiellles Sein

Jan 15 | Kensington, NSW, Australia | **Teacher:** Anne Laney

Open Group Retreat: The Open Life

Jan 18 | **Online** | **Teacher:** Jim Lockridge

The Inner Critic and the Sacred Dimensions of Black Essence Series

Jan 18-19 | New Orleans, Louisiana | **Teachers:** Ben Centanni and Dale Sides

Essential Compassion: Introduction to the Diamond Approach

Jan 24 | London, United Kingdom | **Teachers:** Tejo Jourdan, Dominic Liber and Zarina Maiwandi

The Heart As Portal

Jan 25 | Utrecht, Netherlands | **Teachers:** Alex Adler, Odile Eck, Conny ten Klooster, Eva Jansen, Geertrui Mestdag and Chris Elzinga

De Vlam, over het verlangen van de ziel - vier weekends en een oefendag

Jan 25 | **Online** | **Teacher:** Gregory Knight

Sacred Impulses: Experiencing Presence through Movement & Inquiry

Jan 26 | Amsterdam, Netherlands | **Teachers:** Kyo Verberk, Marko Rinck,
Chris Elzinga and Bregytta Rooney

De Rode Draad in Inquiry

Jan 28 | Online | **Teacher:** Lou Weir

Online Book Group: Spacecruiser Inquiry

Jan 31 - Feb 2 | St. Petersburg, FL | **Teachers:** Ilene Buchalter and Noell
Goldberg

Inquiry: Powerful Journey of Peace



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