

The Inner Flame



A Diamond Heart UK (DHUK) Introductory Workshop Open to the public and to existing students

*The Fire I crackle in is you. I burn as You, burning away myself.
He has arrived,
He is with us a thousand secret flames dancing.
All my splendour is to burn in you. To know this fire that eats me.
Is eating itself to be this fire, dancing over my bones.
The law of wonder rules my life, at last I burn each second of my life to love
Each second of my life burns out in love, in each leaping second love lives afresh.*

- Rumi

The relationship of our soul to our True Nature is that of lover to Beloved. As a lover, we want nothing more than to become one with our heart's desire. When our heart is fiercely and passionately aflame with the longing to be united with our Beloved, this inferno eventually strips us bare of all obstacles to this union.

In this weekend we will explore our inner flame for truth, what fans it and what damps it down. We will look at how it guides our heart on our inner journey. We will see what distorts this longing and what can unleash our passion for Truth. We will experience how inquiry and the practice of presence can open our heart and fuel our flame.

Fri 24 Jan 6pm - 9pm | Sat 25 Jan 9:30am - 5pm | Sun 26 Jan 9:30am - 5pm

Mary Ward House, 5-7 Tavistock Place, London, WC1H 9SN

£193

Information www.diamondapproach.org.uk

Registration Jona@ridhwan.org

Future Workshops are double weekends that run from 6pm Friday evening to 5:30pm Sunday evening of two consecutive weekends, sometimes with private sessions and inquiry group meetings on the week in between. Double weekend workshops commence on:

1 May 2020

16 Oct 2020

15 Jan 2021

21 May 2021

8 Oct 2021