



THE DIAMOND APPROACH®

MOVING INTO YOUR EXPERIENCE

A FREE WEBINAR WITH SANDRA MAITRI

Join Sandra Maitri for Moving Into Your Experience: How the Diamond Approach Is Different From Other Paths, a free webinar on Saturday, April 20, 2019.

Sandra will explore the Diamond Approach practice of inquiry, a method of moving into our experience to understand what is right there. With the practice of inquiry we discover what is most true about whatever is arising in our immediate experience, and in that we discover more about what is most true about ourselves.

Sandra will also talk about the new retreat group Diamond Heart Retreat Group 6, starting this summer in San Jose, CA.

Diamond Heart Retreat Group 6 will be an international group that will meet twice a year for 7-day retreats in San Jose, Ca. The first retreat is June 2-9, 2019.

SANDRA MAITRI is a longtime teacher of the Diamond Approach. She leads groups in the San Francisco Bay Area and in the United Kingdom and has a private practice in Marin County, California. She is the author of *The Spiritual Dimension of the Enneagram: Nine Faces of the Soul*, and *The Enneagram of Passions and Virtues: Finding the Way Home*.



APRIL 20, 2019
10:30 a.m.-1:00 p.m.

LOCATION:
Zoom videoconferencing

COST:
Free

REGISTRATION:
<https://mailchi.mp/e2c8fd4a0f77/webinar>

MORE INFORMATION ABOUT THE RETREAT GROUP:
<https://www.diamondheartretreat6.org/>
