

# DIAMOND HEART®EUROPE 4

## NEW INTERNATIONAL DIAMOND APPROACH®GROUP

*Essence is not alive: It is aliveness.  
It is not aware: It is awareness.  
It does not love: It is love.  
It is not joyful: It is joy.  
It is not true: It is truth.*

The Diamond Approach is a contemporary spiritual path and teaching that arose over decades to support the human soul on her journey home. The teaching is based on modern discoveries in the field of psychology and a deep understanding of the spiritual dimension of our human nature. This path emphasizes the unique unfolding of each individual soul.

Maybe you have a deep longing to live a fulfilled human life. Or a longing to connect with your deepest nature and to the nature of reality itself. Whatever your motivation, where you are is exactly where your exploration starts. The Diamond Approach uses inquiry as a main practice to invite your personal experience open up to further discoveries. This process is complemented by meditation and other practices. Your soul is invited on a unique and precious journey to find clarification, settlement, and the truth of endless reality.

Diamond Heart Europe 4 (DHE4) is a new international ongoing group that meets twice a year for 7-day retreats in Seefeld/Northern Germany. The retreats are taught in English. The residential retreat format includes large group teachings with inquiry exercises, small group inquiry work, and individual sessions with a teacher. All of this together creates a field of presence for our work. Between the residential retreats students will be offered opportunities to engage with the teaching through regional or online in-between groups. These meetings will support bringing the teaching into daily life.

The group is guided by a team of five teachers: Christa Jonas, Konnie Schneider, Odile van Eck, Oliver Schumann, and Tanja Weigmann. The Directors are Jeanne Rosenblum and Rob Merckx. The founders of the Diamond Approach, Hameed Ali (who publishes under the name A.H. Almaas) and Karen Johnson, will oversee the curriculum of this group.

The group has is open for new students.

<b>Dates:</b>	<b>2023:</b>	15 – 22 October	
	<b>2024:</b>	25 February to 3 March	13 – 20 October
	<b>2025:</b>	16 – 23 March	12 – 19 October
	<b>2026:</b>	15 – 22 March	25 October to 1 November

For further **information and application** for DHE4, contact our administrator, [DHE4@ridhwan.org](mailto:DHE4@ridhwan.org).



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APPROACH®

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