## **"BE PREPARED FOR ADVENTURE"**



Our life can be truly adventurous. If we don't assume that we already know where we are going it can be full with wonder, mystery and fun. How can we prepare ourselves for the adventure of exploring and discovering our nature and the nature of everything else? For a start we need expedition gear that will help us to stay open and curious about whatever comes our way. The DIAMOND APPROACH is a path of self-discovery and self-realization. It leads us into the fascinating realms of our true nature and offers a very specific tool for the journey, called 'inquiry'. In this introduction day to the new ongoing Diamond Approach group DAWN 2, we will give you a taste of the adventure of the journey by initiating you into the miraculous capacities of the tool of inquiry.

<u>With:</u> Philipp Hasselblatt and Elsa Teeuwen, Diamond Approach Teachers

October 21, 2017, Bürgerzentrum Köln-Nippes -Cologne, DE <u>Fee:</u> € 90.-Information and registration: DAWN@ridhwan.org

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"Morning is the best of all times in the garden The sun is not yet hot Sweet vapors rise from the earth Night dew clings to the soil and makes plants glisten Birds call to one another Bees are already at work." - William Longgood -

### DAWN 2

## the second Diamond Approach Weekend-group Netherlands is still open for applications being taught by Diamond Approach Teachers Elsa Teeuwen and Philipp Hasselblatt with guest teachers, Language: English

# Dates 2017: April 1– 3, June 23-25, Sept 30-Oct 2, Dec 15-17 Dates 2018:

Feb 16-18, April 6-8, June 29-July 1, Oct 19-21, Dec 14-16

The long weekends are residential (optional), taking place in the South-East of the Netherlands near Nijmegen, and each of these weekends consists of 6 meetings, usually starting Friday afternoon 1 pm, ending Sunday 5 pm. Some weekends may run Saturday through Monday, depending on scheduling needs.

DAWN is a long-term program that presents the teachings of the Diamond Approach as taught in the Ridhwan School. The content and process of the weekends is progressively building on each other. The tuition for each weekend is  $\notin$  300.-

The students of DAWN 2 are currently from The Netherlands, Germany, and Belgium. The group is **still open to new members** who can join at any time after having being accepted until the group closes. An **extra introductory day** has been included on **October 21** in **Cologne** for people who think about joining DAWN 2 but first would like to spend a day with the Diamond Approach teaching and make their acquaintance with Philipp and Elsa before they enroll. (costs €90 for people who are not already a member of DAWN 2)

#### For more information and application, contact Jill Carabelas at: <u>DAWN@ridhwan.org</u>



### THE DIAMOND APPROACH®

The Diamond Approach is a path of wisdom and realization, an approach to the investigation of reality and a method of working on oneself that leads to increased understanding and liberation. It is a spiritual teaching, a method of connecting with our spiritual nature and bringing it into our life. The Diamond Approach represents a new paradigm in human / spiritual knowledge and understanding. It is not merely a synthesis of existing knowledge, but rather a new, more integrated understanding of the entire human psyche of modern (wo)man, and the psyche's relationship with its fundamental nature. The Diamond Approach utilizes a method of open-ended inquiry into one's immediate experience as a means of liberating the soul from the conditioned patterns of the past and fixed ideas and beliefs about one's identity and the nature of reality. This process is often referred to in our school as "The Work." The Diamond Approach differs from most other paths in that it recognizes the uniqueness of each individual soul and adapts itself to each person's needs at the time. It does not require that people adapt to some ideal, but welcomes people as they are and helps them to take the natural next step for their unique development.

The Diamond Approach recognizes that Being or True Nature manifests the fullness of reality, whereas the material world is only one part of that reality. This view contrasts with the materialistic perspectives currently dominating our society. Following this path, we have the opportunity to discover, realize and actualize our deepest nature, to become who we truly are.

### THE RIDHWAN SCHOOL

The Ridhwan School is an affiliation of ongoing Diamond Approach groups, which has been unfolding over the last 30 years and now has members in North America, Europe, Australia, New Zealand, and elsewhere. Hameed Ali (A.H. Almaas) is the spiritual head of the School, while individual groups are taught by qualified Ridhwan teachers. The Diamond Approach is the spiritual teaching, the path, and the method of the Ridhwan School. The Ridhwan Foundation is the nonprofit spiritual organization established to support and preserve the integrity of the Diamond Approach teaching. Minister/Teachers offer the Diamond Approach teaching through various formats including individual spiritual guidance sessions, public workshops, and ongoing groups. Only ordained Ridhwan minister/teachers are authorized to teach the Diamond Approach. All Diamond Approach groups consist of individuals committed to a long-term process of spiritual unfoldment. The group format—which includes large group meditation, lectures and exercises, small group inquiry practice, and individual spiritual insight sessions—creates a field of spiritual resonance that allows a gradual process of individual spiritual development.

For further info and reading: www.ridhwan.org