



THE DIAMOND APPROACH®

Diamond Approach Florida

THE SOUL: BELLY, HEART, AND HEAD CENTERS

How do the 3 centers--the belly center, heart center, and head center--relate to the Soul?

Diamond Approach Florida, an open group, welcomes the public to this online teaching weekend on October 16-17. All are welcome! There will be talks evoking our depth, meditation and personal inquiry exploration.

Our soul, our individual consciousness, is what transforms and develops on our spiritual journey. The 3 centers are portals for the Soul to embody and express our True Nature.

The belly center grounds us in Presence and allows for the embodiment of our Soul. It integrates our spiritual experience into our lives. **The heart center** allows for the sensitivity and feeling tone of the Soul. It connects us with our humanness. **The head center** is an elegant medium for the Soul's true self-knowing. It expresses true understanding, brilliance, clarity, and awareness.

TEACHERS: **Ilene Buchalter**, a Diamond Approach teacher since 2002, works with groups and individuals living in Florida, Colorado, the Southeast, across the U.S., and internationally.

Ursula McCall, a Diamond Approach teacher since 2015, works with groups and individuals living in Florida, Hawaii, and internationally.



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**OCTOBER 15-16, 2022
11AM-6PM EDT**

**COST: \$225 (\$195 if paid by 10/8/22)
Sliding scale available**

Held online via Zoom

REGISTRATION/ INFORMATION:

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