



THE DIAMOND APPROACH®

Diamond Approach Florida *Space and Freedom*

Diamond Approach Florida, an open group, welcomes those in the South/ Southeast US to join us for this teaching weekend. There will be talks evoking our depth, as well as meditation, and personal inquiry exploration.

We may feel we want to be freer, but our lives can feel constrained, crowded and repetitive. How do we live in a spacious and free way?

Our true nature, who we really are, is spacious and free, but we live our lives based on our conditioned self-images and ideas about who we are. These self-images keep us constrained and confined to repetitious historical and limiting patterns in our lives.

When we explore and understand the self-images and conditioned beliefs, they can open to a true spaciousness and freedom.

This allows us to discover the wondrous spacious and freedom of who we really are. With this discovery, our inner journey and our life can be transformed.

TEACHERS: **Ilene Buchalter**, a Diamond Approach teacher since 2002, works with groups and individuals living in Florida, Colorado, the Southeast U.S, and internationally.

Ursula McCall, a Diamond Approach teacher since 2015, works with groups and individuals living in Florida, Hawaii, and internationally.



SPACE AND FREEDOM

FEBRUARY 8,9, 2025

11AM-6PM EST

COST: \$235 (\$205 if paid by 2/2/25)

Sliding scale available

Held online via Zoom

REGISTRATION/ INFORMATION:

Contact Ilene Buchalter at buchalteri@msn.com

or our website

www.diamondapproachflorida.com

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