



THE DIAMOND APPROACH®

Diamond Approach Florida

Holding Environment

Diamond Approach Florida, an open group, welcomes new participants to join us for this teaching weekend. There will be talks evoking our depth, as well as meditation, and personal inquiry exploration.

What kind of early environment is needed to grow and develop as human beings?

A good holding environment is needed that provided a sense of safety and security, the sense that you are, and can count on, being taken care of. Your soul needs an environment that is loving, dependable, consistent, attuned to your needs, and that provides for you in a way that is empathic to those needs.

By exploring our childhood environment, we can understand what allowed for, and what limited, our experience of a good holding environment. This understanding allows us to reconnect to an essential holding environment that is loving, kind and ultimately takes care of us in a real way. With this reconnection, our inner journey and our life can be transformed.

TEACHERS: Ilene Buchalter, a Diamond Approach teacher since 2002, works with groups and individuals living in Florida, Colorado, the Southeast U.S, and internationally.

Ursula McCall, a Diamond Approach teacher since 2015, works with groups and individuals living in Florida, Hawaii, and internationally.



HOLDING ENVIRONMENT

JULY 12, 13, 2025

11AM-6PM EDT

**COST: \$245 (\$215 if paid by 7/3/25)
Sliding scale available**

Online via Zoom

REGISTRATION/ INFORMATION:

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