

Introduction to The Diamond Approach®

A Journey from Ego to Being

January 16, 2018, 6:30-9:00 p.m.

Calvary Methodist Church, 1415 Miller Ave, Ann Arbor, in the Chapel

THE DIAMOND APPROACH, DEVELOPED BY A. H. ALMAAS,
USES THE FINDINGS OF MODERN PSYCHOLOGY AND THE
ANCIENT WISDOM TRADITIONS TO SUPPORT A RETURN TO
ESSENCE, OR OUR TRUE NATURE.

We do not have to renounce ordinary life to walk a spiritual path. **The Diamond Approach** is a practical method of connecting to our **spiritual nature** and allowing it to become part of our daily life. **It is a journey** toward uncovering **the essence of who we really are**, beneath all the layers of social conditioning and cultural expectation. Its aim is **to discover the deepest truth** of what it means to be human.



Presenter Lou Weir
is a certified
Diamond Approach
teacher who lives in
Ann Arbor

"I myself can recommend the Diamond Approach as probably the most balanced of the widely available spiritual psychologies/therapies."

~Ken Wilber

"Almaas is one of the most significant voices for a new and remarkably integrated spiritual vision. His work combines the personal, the universal, the psychological and the spiritual... I respect his work to the highest degree..."

~Jack Kornfield

What to Expect: A period of meditation, a short talk and an opportunity to practice inquiry, one of the foundations of the Diamond Approach teachings. Free, with the opportunity to join an ongoing study group.

To register, or ask any questions e-mail Lou at diamondworkmichigan@gmail.com.