



# THE DIAMOND APPROACH<sup>®</sup>

## ACCESSING SOLIDITY & SUPPORT IN LIFE

*WHAT IS REAL SUPPORT & HOW IS IT ACCESSED?*

*HOW DO WE BE OURSELVES NATURALLY, WITHOUT MANIPULATION?*

We lost our personal will because we became disconnected from knowing reality as it is without fantasies, embellishments, dreams. In this weekend retreat, we will explore living with the solidity and support of True Will, which requires living in concrete reality, rather than our thoughts and fantasies. When thoughts and ideas come out of reality, there is no failure or success. Failure or success happens only when we are not seeing reality as concrete. In this case we are ungrounded, not realistic.

Join us as we explore how to access solidity and support in your life; what gets in the way, as well as how to be yourself naturally without manipulation. This weekend will include presentations, meditations, movement and an opportunity to explore and integrate the material through your own process.

The Diamond Approach to self-realization is a contemporary spiritual path integrating the teaching practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature "in the world."

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**MARCH 9-11, 2018**

**7:00 p.m. Friday**

**10:00 - 5:30 p.m. Saturday & Sunday**  
**HOUSTON, TX**

**TEACHERS:** Chuck and Annette Anderson are teachers in the Ridhwan School, home of the Diamond Approach. They live and teach in Dallas, TX.

**LOCATION:** Spectrum Center,  
2060 N Loop West, Suite 205, Houston 77018

**COST:** \$230 CC, \$225 check  
(\$205 CC, \$200 check if registered before 2/8)

**REGISTRATION:** Annette Anderson,  
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<http://diamondgulfcoast.com/events-calendar/>

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