

DIAMOND
APPROACH®
'BLUE SKY MIND'
A DIAMOND APPROACH SEMINAR
IN PERSON AND STREAMING
LONDON U.K. JULY 6TH & 7TH 2024
OPEN TO THE PUBLIC AND EXISTING STUDENTS

The nature of our consciousness is an open presence;
an awake direct knowingness.

To know the nature of consciousness brings a deep relaxation to our mind; a **vacation mind**. Not a vacant mind, but a mind that is unconcerned and at ease.

Consciousness before any content. A pure, open, **blue-sky mind**.

A free mind means we have **direct perception**. Any belief or preconceived idea will determine our reality in such a way that it will restrict it.

Reality is bigger than our beliefs, more expanded and freer than whatever preconception we have about it. It is subtler, more mysterious, and more beautiful than our ordinary familiar mind can make of it.

In this weekend we will use the **practices of presence and inquiry** to unfold our experience of the moment to reveal the truth that is our nature.

Teachers: Tejo Jourdan and Rob Merckx teach Diamond Approach Groups in the UK and Germany.



Location: Colet House, 151 Talgarth Road, London W14 9DA (and online)

Date: July 2024: Saturday the 6th and Sunday the 7th, 10:00 to 5:30, with lunch break (many lunch places nearby)

Cost: £ 185 or € 210, Registration will open 1 February 2024 on the public events page for live and streaming options:
<https://www.diamondapproach.org/event/ukweekend2024july06>

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